Long Term Curriculum Plan: 2022 – 2023

Duke of Edinburgh Award

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7 weeks	8 weeks	6 weeks	5 weeks	6 weeks	7 weeks
EDofe - WED login and record progress Expedition section WEDNESDAY PM Expedition aims Navigation and route planning (preparatory/practical map skills, compass) Team building	EDofE login and record progress Expedition section WEDNESDAY PM First Aid Putting together first aid kits	EDofE login and record progress Expedition section WEDNESDAY PM Campcraft, equipment and hygiene Cooking and planning for food Navigation and route planning (bearings, pacing distances) Countryside code, 'Code of Behaviour' Fitness	EDofE login and record progress Expedition section WEDNESDAY PM Fitness Campcraft, equipment and hygiene Route planning for practice and qualifying expeditions Expedition Aim Hazards, weather Accident plan and emergency procedures First aid recap	EDofE login and record progress Expedition section WEDNESDAY PM Recap of essential skills / filling in any gaps **PRACTICE EXPEDITION: 05.05.2023 – 06.05.2023 Supervisor's pre-expedition check **QUALIFYING EXPEDITION DATE: 19.05.2023 – 20.05.2023	EDofE login and record progress Completion of programme planners Recruitment for next academic year
Skill section Pupil choice	Skill section Pupil choice	Skill section Pupil choice	Volunteering section THURSDAY PM YMCA / Lindisfarne Care Home	Volunteering section THURSDAY PM YMCA / Lindisfarne Care Home	Volunteering section THURSDAY PM Location TBC
Physical section	Physical section	Physical section	Physical section	Physical section	Physical section

| MONDAY/TUESDAY PM |
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| LLA Health and Fitness |